# **Bone Tissue Mechanics**

# João Folgado Paulo R. Fernandes

Instituto Superior Técnico, 2011

PART 2



Biomecânica dos Tecidos, MEBiom, IST

Stress

- Stress is a measure of the internal forces associated to the plane of interest.

- In general every plane containing the point Q has a normal and a shearing stress component.

- The general state of stress is described by the components in a  $x_1$ ,  $x_2$ ,  $x_3$  reference system.

$$\sigma_{ij} = \begin{bmatrix} \sigma_{11} & \sigma_{12} & \sigma_{13} \\ \sigma_{21} & \sigma_{22} & \sigma_{23} \\ \sigma_{31} & \sigma_{32} & \sigma_{33} \end{bmatrix}$$

- Only six components because the tensor is symmetric.

 $\sigma_{11}, \sigma_{22}, \sigma_{33}$  – normal stress

 $\sigma_{12}, \sigma_{13}, \sigma_{23}$  – shearing stress



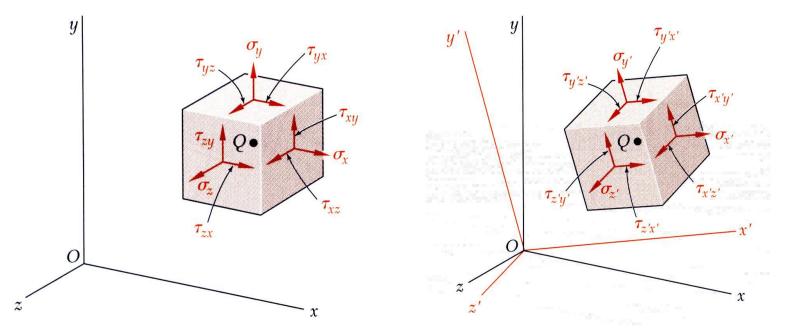


$$x_2$$
  
 $y_2$   
 $y_2$   
 $y_2$   
 $y_3$   
 $y_3$   

 $\sigma_Q = \lim_{\Delta A \to 0} \frac{\Delta F}{\Delta A}$ 

## Stress

- Stress components depend on the reference system.
- The same state of stress is represented by a different set of components if axes are rotated.



Beer & Johnston (McGraw Hill)



#### 2D example

### Transformation of coordinates: Problem 1

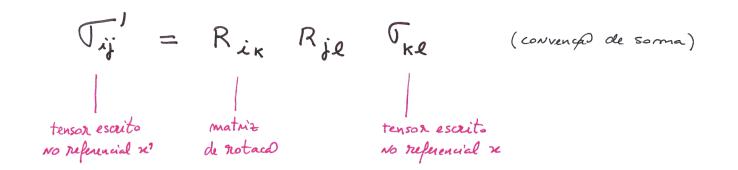
Assume the plane stress state given by its components in the x-y system (x is the horizontal axis and y is the vertical one):

$$\begin{bmatrix} \sigma \end{bmatrix} = \begin{bmatrix} 6 & 3 \\ 3 & -2 \end{bmatrix}$$

Write the components of this stress tensor in the reference system which makes with the previous one:



#### Transformation of coordinates



#### For an angle $\theta$ (and 2D)



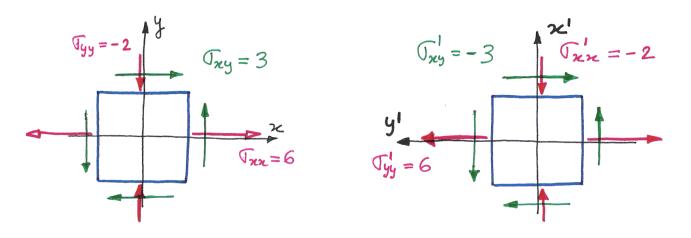


# $\widehat{\mathcal{G}}_{ij} = R_{ik} R_{jk} \widehat{\mathcal{G}}_{k\ell} \implies \left[ \overline{\sigma} \right] = \left[ R \right] \left[ \overline{\sigma} \right] \left[ R \right]^{T}$

$$= \sum \left[ \begin{array}{c} \sigma^{1} \end{array} \right]^{2} = \left[ \cos \theta & \sin \theta \\ -\sin \theta & \cos \theta \end{array} \right] \left[ \begin{array}{c} \sigma_{xx} & \sigma_{xy} \\ \sigma_{xy} & \sigma_{yy} \end{array} \right] \left[ \begin{array}{c} \cos \theta & -\sin \theta \\ \sin \theta & \cos \theta \end{array} \right] \left[ \begin{array}{c} \sigma_{xy} & \sigma_{yy} \\ \sigma_{yy} & \sigma_{yy} \end{array} \right] \left[ \begin{array}{c} \sin \theta & \cos \theta \\ \sin \theta & \cos \theta \end{array} \right]$$

$$= \sum \left[ \mathcal{O}^{1} \right] = \left[ \mathcal{I}_{xx} \cos^{2}\theta + 2 \mathcal{I}_{xy} \cos\theta \sin\theta + \mathcal{I}_{yy} \sin^{2}\theta - \left( \mathcal{I}_{yy} - \mathcal{I}_{xx} \right) \cos\theta \sin\theta + \mathcal{I}_{xy} \left( \cos^{2}\theta - \sin^{2}\theta \right) \right]$$
  
simétrica 
$$\mathcal{I}_{xx} \sin^{2}\theta - 2 \mathcal{I}_{xy} \cos\theta \sin\theta + \mathcal{I}_{yy} \cos^{2}\theta$$

$$\begin{array}{c} \alpha \\ \alpha \\ \end{array} \begin{bmatrix} \tau \\ = \begin{bmatrix} 6 & 3 \\ 3 & -2 \end{bmatrix} \\ \end{array} \begin{array}{c} \theta = 90^{\circ} \Rightarrow \begin{bmatrix} R \\ = \begin{bmatrix} \cos \theta & \sin \theta \\ -\sin \theta & \cos \theta \end{bmatrix} = \begin{bmatrix} 0 & 1 \\ -1 & 0 \end{bmatrix} \\ \begin{bmatrix} \sigma^{\prime} \end{bmatrix} = \begin{bmatrix} R \end{bmatrix} \begin{bmatrix} \sigma \end{bmatrix} \begin{bmatrix} R \end{bmatrix}^{T} \Rightarrow \begin{bmatrix} \sigma^{\prime} \end{bmatrix} = \begin{bmatrix} 0 & 1 \\ -1 & 0 \end{bmatrix} \begin{bmatrix} 6 & 3 \\ 3 & -2 \end{bmatrix} \begin{bmatrix} 0 & -1 \\ 1 & 0 \end{bmatrix} \\ \Rightarrow \begin{bmatrix} \sigma^{\prime} \end{bmatrix} = \begin{bmatrix} 0 & 1 \\ -1 & 0 \end{bmatrix} \begin{bmatrix} 3 & -6 \\ -2 & -3 \end{bmatrix} \\ \Rightarrow \begin{bmatrix} \sigma^{\prime} \end{bmatrix} = \begin{bmatrix} -2 & -3 \\ -3 & 6 \end{bmatrix}$$





$$\begin{split} b \end{pmatrix} \begin{bmatrix} \sigma \end{bmatrix} = \begin{bmatrix} 6 & 3 \\ 3 & -2 \end{bmatrix} \qquad \underbrace{\theta = 18.4}^{\circ} \xrightarrow{\circ} [R] = \begin{bmatrix} \cos \theta & \sin \theta \\ -\sin \theta & \omega s \theta \end{bmatrix} = \begin{bmatrix} 0.9489 & 0.3156 \\ -0.3156 & 0.9489 \end{bmatrix} \\ \begin{bmatrix} \sigma^{1} \end{bmatrix} = \begin{bmatrix} R \end{bmatrix} \begin{bmatrix} \sigma \end{bmatrix} \begin{bmatrix} R \end{bmatrix}^{T} \implies \begin{bmatrix} \sigma^{1} \end{bmatrix} = \begin{bmatrix} 0.9489 & 0.3156 \\ -0.3156 & 0.9489 \end{bmatrix} \begin{bmatrix} 6.3 \\ 3 & -2 \end{bmatrix} \begin{bmatrix} 0.9489 & -0.3156 \\ 0.3156 & 0.9489 \end{bmatrix} \\ \implies \begin{bmatrix} \sigma^{1} \end{bmatrix} = \begin{bmatrix} 0.9489 & 0.3156 \\ -0.3156 & 0.9489 \end{bmatrix} \begin{bmatrix} 6.6402 & 0.9531 \\ 2.2155 & -2.8446 \end{bmatrix} \\ \implies \begin{bmatrix} \sigma^{1} \end{bmatrix} \stackrel{\text{def}}{=} \begin{bmatrix} \sigma^{1} \end{bmatrix} \stackrel{\text{def}}{=} \begin{bmatrix} 7 & 0 \\ 0 & -3 \end{bmatrix} \\ \hline y_{y} = -2 \stackrel{\text{def}}{=} \begin{bmatrix} 7y \\ y_{y} = -2 \\ y_{y} = -6 \end{bmatrix} \\ \hline y_{y} = -3 \stackrel{\text{def}}{=} \begin{bmatrix} 7y \\ y_{y} = -2 \\ y_{y} = -3 \\ \hline y_{y} = -2 \\ y_{y} = -2 \\ \hline y_{y} = -2 \\$$



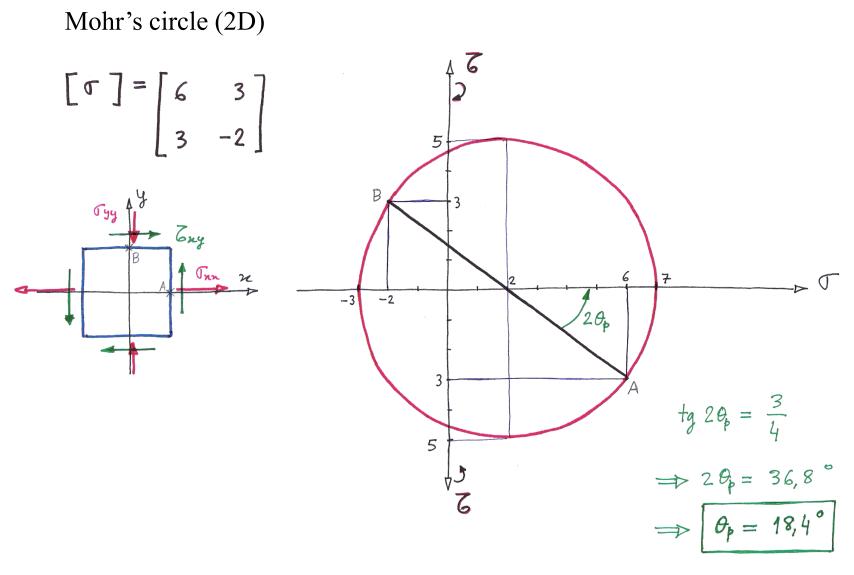
### Transformation of coordinates: Problem 2 (Using the Mohr's Circle)

Assume the plane stress state given by its components in the x-y system (x is the horizontal axis and y is the vertical one):

$$\begin{bmatrix} \sigma \end{bmatrix} = \begin{bmatrix} 6 & 3 \\ 3 & -2 \end{bmatrix}$$

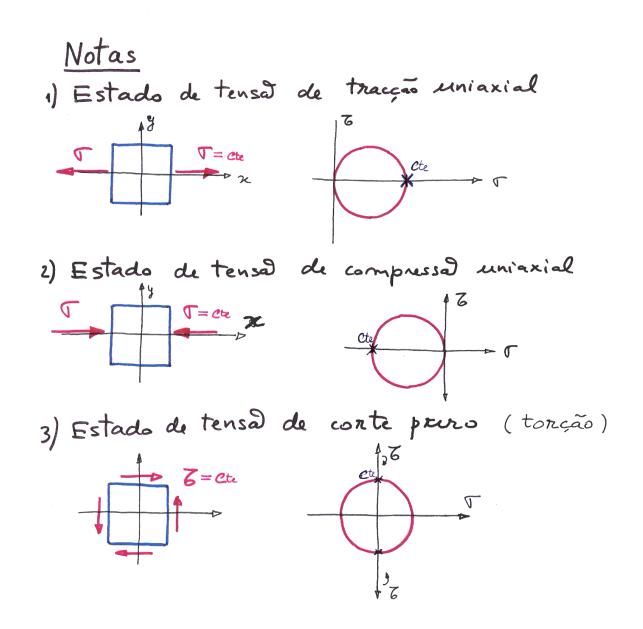
Draw the Mohr's circle for this stress state.





100



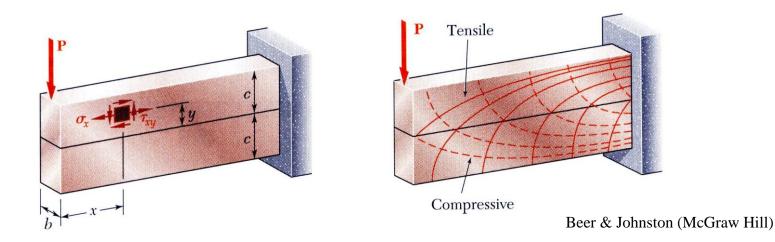


.



# **Principal Stresses**

- Structures are often subject to different combined loads. For instance a beam is usually subject to normal stress due to bending and shear stress due to the transverse load.

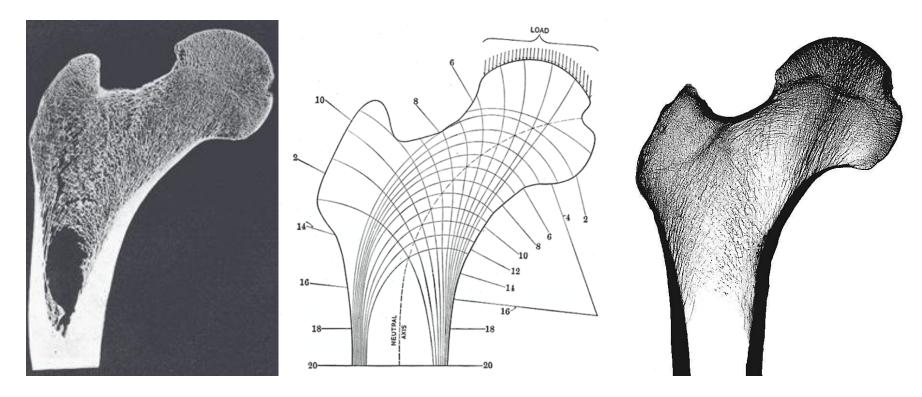


- Principal stresses are the stresses in the planes where the shear stress is zero.

- The highest principal stress is the maximum normal stress while the lowest is the minimum normal stress.



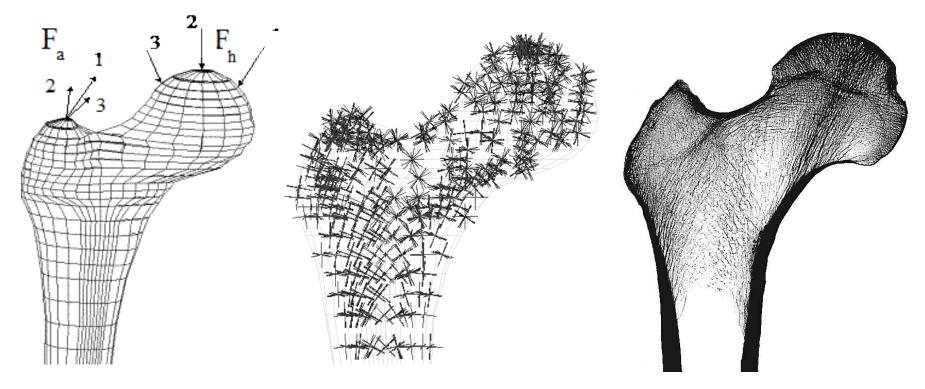
# **Principal Stresses in the Femur**



Koch (1917)



# **Principal Stresses in the Femur**



Fernandes, Rodrigues and Jacobs (1999)



### Principal Stresses for a 2D state of stress

### **Proposed Problem:**

For the given state of plan stress:

$$\begin{bmatrix} \sigma \end{bmatrix} = \begin{bmatrix} 6 & 3 \\ 3 & -2 \end{bmatrix}$$

Determine the principal stresses and principal directions.



Principal stresses and directions are solution of an eigenvalues and eigenvectors problem:

$$\overline{V} = \begin{bmatrix} \overline{V}_{nn} & \overline{V}_{ny} \\ \overline{V}_{ny} & \overline{V}_{yy} \end{bmatrix} = \begin{bmatrix} 6 & 3 \\ 3 & -2 \end{bmatrix}$$

$$\overline{V}_{nn} = \begin{bmatrix} \overline{V}_{nn} & \overline{V}_{ny} \\ \overline{V}_{ny} & \overline{V}_{ny} \end{bmatrix} = \begin{bmatrix} 7 & 3 \\ 3 & -2 \end{bmatrix}$$

Principal stresses-eigenvalues

$$det [ ( - \lambda I ] = 0 \implies det \begin{bmatrix} 6 - \lambda & 3 \\ 3 & -2 - \lambda \end{bmatrix} = 0$$
  
$$\Rightarrow (6 - \lambda) (-2 - \lambda) - 3^{2} = 0 \implies \lambda^{2} - 4\lambda - 21 = 0 \implies \lambda_{1} = 7 ; \lambda_{2} = -3$$
  
$$\Rightarrow Principal stresses \qquad (1 = 7 MP_{a}, \quad (1 = -3 MP_{a}) = -3 MP_{a})$$

In the principal reference system (principal directions) the stress state is represented by:  $\nabla = \begin{bmatrix} 7 & 0 \\ 0 & -3 \end{bmatrix}$ 



6

Principal directions - eigenvectors

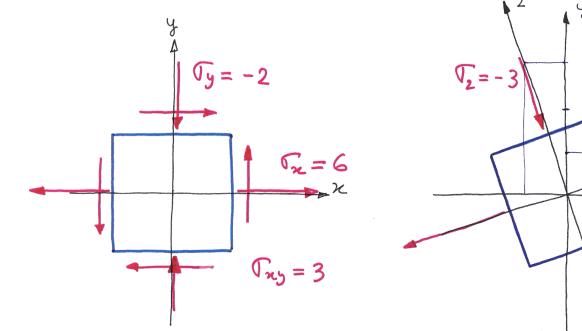
$$\lambda_{1} = 7 \qquad \begin{bmatrix} \nabla - \lambda \mathbf{I} \end{bmatrix} dy = foy \qquad \Longrightarrow \qquad \begin{bmatrix} 6-7 & 3 \\ 3 & -2-7 \end{bmatrix} dy = 0$$

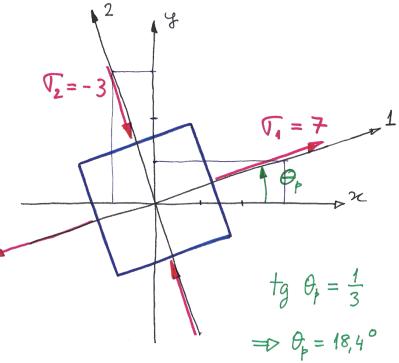
$$\Rightarrow \begin{bmatrix} -1 & 3 \\ 3 & -9 \end{bmatrix} dx = 0 \qquad \Rightarrow -d_{\mathbf{x}} + 3 dy = 0$$

$$\Rightarrow \begin{bmatrix} d_{\mathbf{x}} = 3 d_{\mathbf{y}} \end{bmatrix} dy = 0$$

$$\Rightarrow \begin{bmatrix} d_{\mathbf{x}} = 3 d_{\mathbf{y}} \end{bmatrix} dy = 0$$





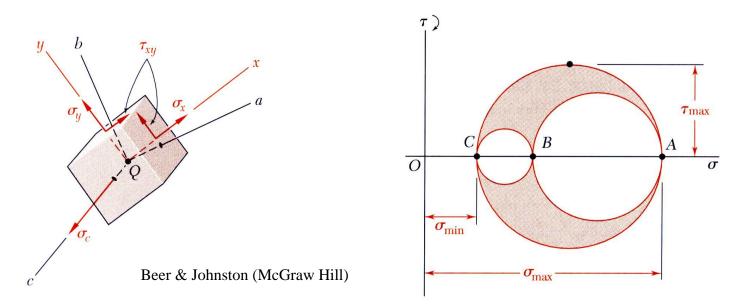




Biomecânica dos Tecidos, MEBiom, IST

.

### Mohr's circle for a 3D state of stress



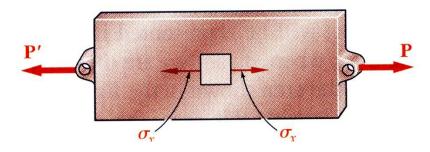
- Points *A*, *B*, and *C* represent the principal stresses on the principal planes (shearing stress is zero)
- The three circles represent the normal and shearing stresses for rotation around each principal axis.
- Radius of the largest circle yields the maximum shearing stress.

$${ au_{\mathrm{max}}=}rac{1}{2}|{m \sigma_{\mathrm{max}}}-{m \sigma_{\mathrm{min}}}|$$



### Failure Criteria

• Failure of a component subjected to uniaxial stress is directly predicted from an equivalent tensile test



Beer & Johnston (McGraw Hill)

- Failure of a component subjected to a general state of stress cannot be directly predicted from the uniaxial state of stress in a tensile test specimen
- Failure criteria are based on the mechanism of failure (ductile vs. brittle materials). Allows comparison of the failure conditions for a uniaxial stress test and biaxial component loading



#### Ductile Material – Von Mises criterion

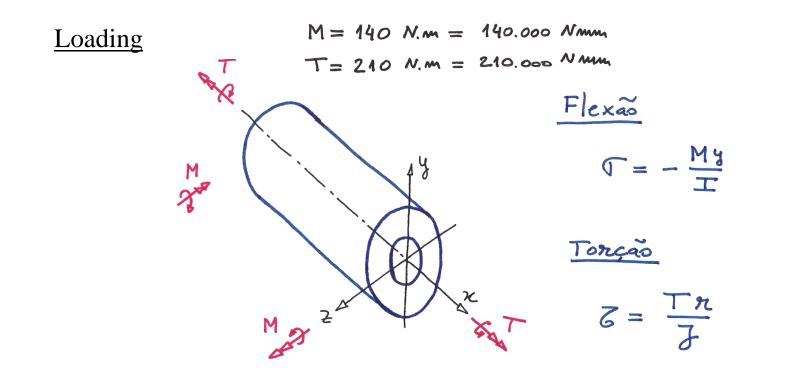
#### Problem:

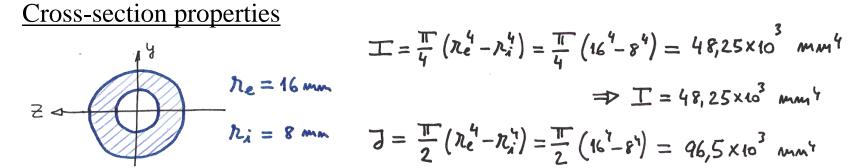
A cylindrical sample with an outer diameter of  $d_e=32$  mm and a inner diameter of  $d_i=16$  mm, is subject to a bending moment M=140 N.m and a torque of T=210 N.m.

The material is isotropic with a normal yield stress of  $\sigma_e = 115$  MPa.

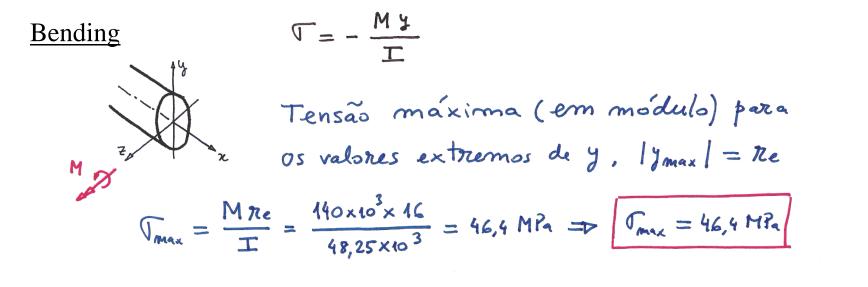
Verify if under these conditions the material yields.

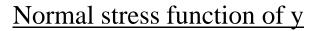


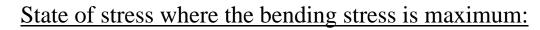


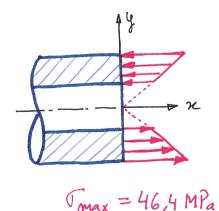






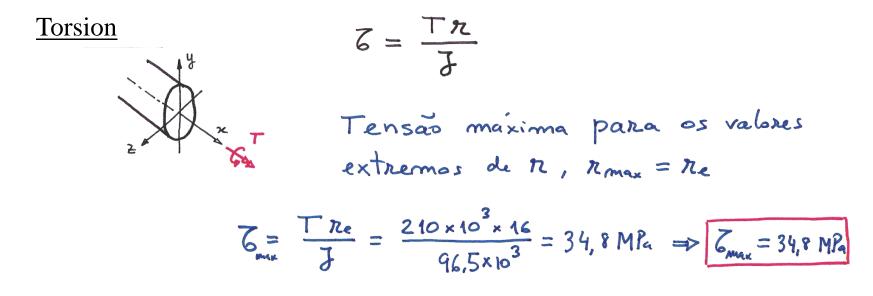






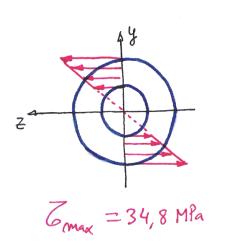
= 46,9 m

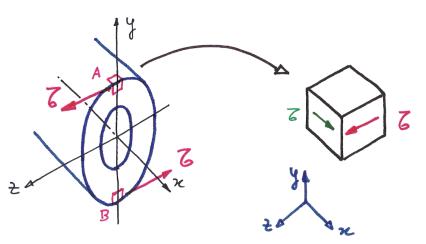




Shear stress function of r

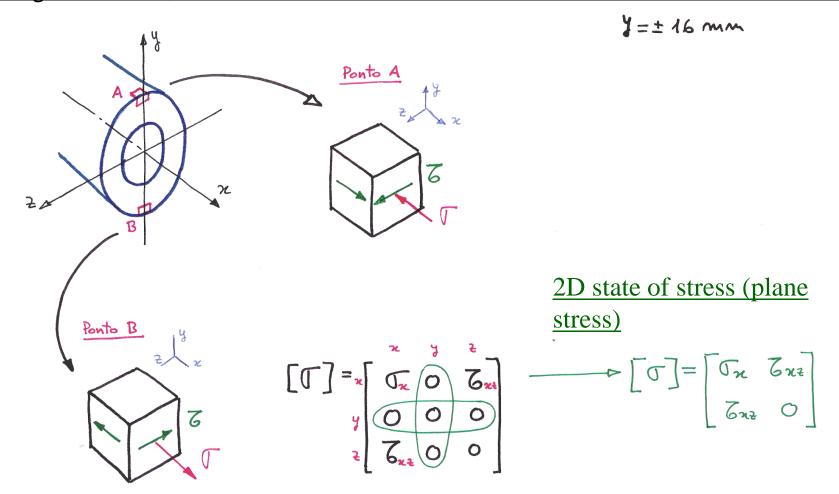
State of stress where the shear is maximum:







Bending + Torsion (combined where both shear and normal stress have the maximum values)





$$\frac{\text{State of stress at A}}{\nabla_{A}} = \begin{bmatrix} \nabla_{n} & \mathcal{E}_{n_{B}} \\ \nabla_{n_{B}} & \mathcal{E}_{n_{B}} \end{bmatrix} = \begin{bmatrix} -46, 4 & +34, 8 \\ +34, 8 & 0 \end{bmatrix}$$

$$\frac{\text{State of stress at B}}{\text{State of stress at B}} \qquad (y = -46 \text{ mm})$$

$$\mathcal{O}_{B} = \begin{bmatrix} \nabla_{n} & \nabla_{n_{B}} \\ \nabla_{n_{B}} & \mathcal{E}_{n_{B}} \end{bmatrix} = \begin{bmatrix} +46, 4 & -34, 8 \\ -34, 8 & 0 \end{bmatrix}$$



#### Yield Criterion -Von Mises criterion (Ductile Materials)

• Yield occurs when the distortion energy per unit volume is greater than that occurring in a tensile test specimen at yield.

• In the distortion energy is possible to identify a term to compare directile to the yied normal stress given by the tensile test.

For a plane stress state ( $\sigma_a$  and  $\sigma_b$  are the principal stresses):

$$\begin{split} & u_d < u_Y \\ \frac{1}{6G} \Big( \sigma_a^2 - \sigma_a \sigma_b + \sigma_b^2 \Big) < \frac{1}{6G} \Big( \sigma_Y^2 - \sigma_Y \times 0 + 0^2 \Big) \\ & \sigma_a^2 - \sigma_a \sigma_b + \sigma_b^2 < \sigma_Y^2 \end{split}$$

• This term is the equivalent **Von Mises Stress** 



#### Yield Criterion -Von Mises criterion (Ductile Materials)

• In pratice we compare the Von Mises stress with the yield stress of the material.

Thus, the failure (yield) occurs when:

$$\frac{\overline{J_{VH}}}{\overline{J_e}} > 1$$

 $\begin{aligned}
\mathbf{\sigma}_{e} &= \text{Yield stress of the material.} \\
\vec{\sigma}_{VM} &= \frac{1}{\sqrt{2^{2}}} \left[ \left( (\overline{\sigma}_{w} - \overline{\sigma}_{y})^{2} + (\overline{\sigma}_{y} - \overline{\sigma}_{z})^{2} + ((\overline{\sigma}_{z} - \overline{\sigma}_{w})^{2} + 6(\overline{\sigma}_{w}^{2} + \overline{\sigma}_{yz}^{2} + \overline{\sigma}_{wz}^{2}) \right]^{\frac{1}{2}}
\end{aligned}$ 

**Von Mises Stress** 



For the proposed problem

Comparing with the yield stress given for the material  $(C_e = 115 \text{ MPa})$ 

$$\frac{\sigma_{\rm vn}}{\sigma_{\rm e}} = \frac{76.1}{115} = 0,66 < 1$$

The sample is safe. Yield does not occur.



#### Brittle Material – Mohr criterion

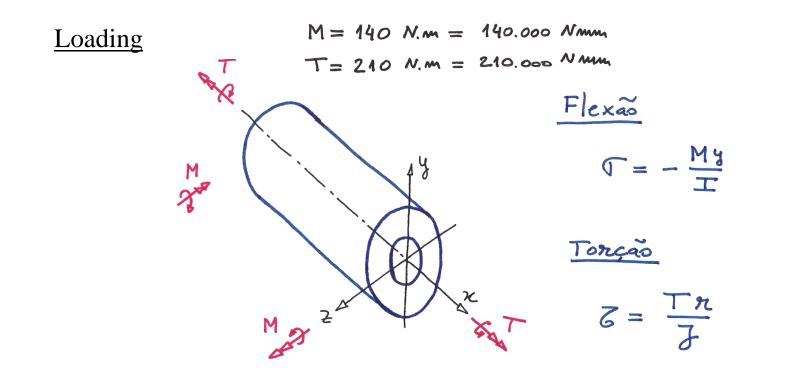
#### Problem:

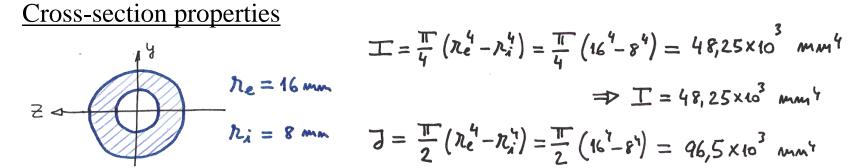
A cylindrical sample with an outer diameter of  $d_e=32$  mm and a inner diameter of  $d_i=16$  mm, is subject to a bending moment M=140 N.m and a torque of T=210 N.m.

The material is isotropic and brittle with failure tensile stress of  $\sigma_{tf}$ =133 MPa and failure compressive stress of  $\sigma_{cf}$ =195 Mpa.

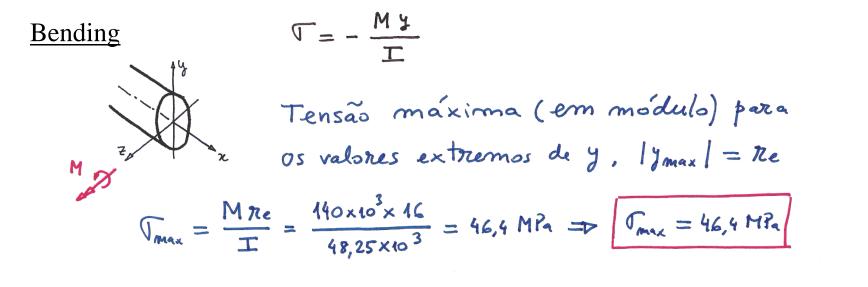
Verify if under these conditions the material fails.

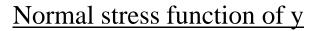


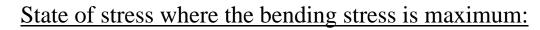


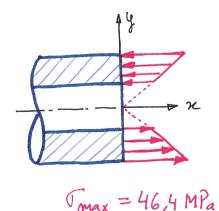






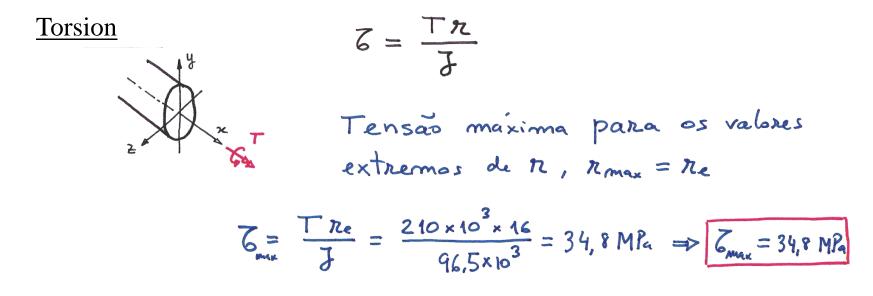






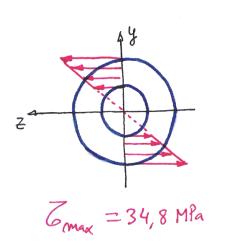
= 46,9 m

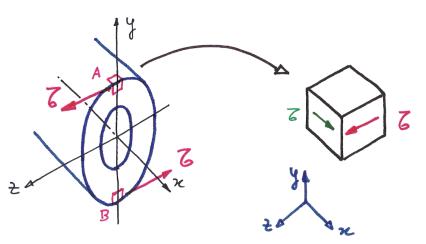




Shear stress function of r

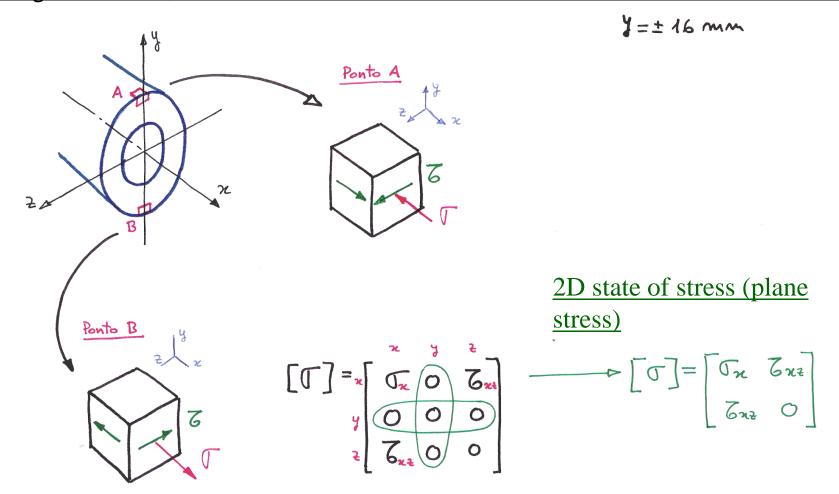
State of stress where the shear is maximum:







Bending + Torsion (combined where both shear and normal stress have the maximum values)





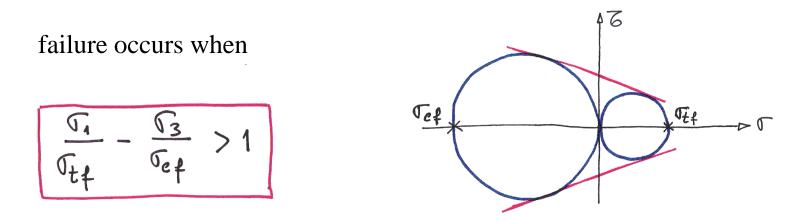
$$\frac{\text{State of stress at A}}{\nabla_{A}} = \begin{bmatrix} \nabla_{n} & \mathcal{E}_{n_{B}} \\ \nabla_{n_{B}} & \mathcal{E}_{n_{B}} \end{bmatrix} = \begin{bmatrix} -46, 4 & +34, 8 \\ +34, 8 & 0 \end{bmatrix}$$

$$\frac{\text{State of stress at B}}{\text{State of stress at B}} \qquad (y = -46 \text{ mm})$$

$$\mathcal{O}_{B} = \begin{bmatrix} \nabla_{n} & \nabla_{n_{B}} \\ \nabla_{n_{B}} & \mathcal{E}_{n_{B}} \end{bmatrix} = \begin{bmatrix} +46, 4 & -34, 8 \\ -34, 8 & 0 \end{bmatrix}$$



#### Brittle Material – Mohr criterion



where  $\P_1$ ,  $\P_3$  are the principal stresses (the highest and the lowest)  $\P_{tf}$  is the limiting tensile stress (tensile test)  $\P_{cf}$  is the limiting compressive stress (compression test)  $\P_{1, 1} = \P_3$  Can be positive or negative



Principal stresses for the proposed problem

$$\frac{Ponto A}{(y = +16 \text{ mm})} \qquad \begin{array}{c} \overline{U}_{A} = \begin{bmatrix} -46, 4 & 34, 8 \\ 34, 8 & 0 \end{bmatrix}$$

$$det \begin{bmatrix} \nabla - \lambda I \end{bmatrix} = 0 \implies det \begin{bmatrix} -46, 4 - \lambda & 34.8 \\ 34, 8 & -\lambda \end{bmatrix} = 0$$

 $\Rightarrow (-46, 4 - \lambda) (-\lambda) - 34, 8^{2} = 0 \Rightarrow \lambda^{2} + 46, 4\lambda - 34, 8^{2} = 0$ 

$$\Rightarrow \lambda_{1} = +18,6 \text{ MPa} ; \lambda_{2} = -65,0 \text{ MPa}$$

$$\prod_{11}^{11} \prod_{3}^{11} \prod_$$

$$= P \ T_1 = 18,6 \ MPa \ ; \ T_3 = -65,0 \ MPa$$



$$\frac{Ponto B}{(y = -16 \text{ mm})} \quad T_{B} = \begin{bmatrix} +46, 4 & -34, 8 \\ -34, 8 & 0 \end{bmatrix}$$

$$det \left[ \nabla - \lambda \mathbf{I} \right] = 0 \implies det \left[ \begin{array}{cc} 76, 4 - \lambda & -34, 8 \\ -34, 8 & -\lambda \end{array} \right] = 0$$

$$\Rightarrow (46, 4 - \lambda) (-\lambda) - 34, 8^{2} = 0 \Rightarrow \lambda^{2} - 46, 4\lambda - 34, 8^{2} = 0$$

$$\lambda_1 = 65,0 \text{ MPa} ; \lambda_2 = -18,6 \text{ MPa}$$
  
 $\int_1^{11} \int_1^{11} \int_3^{11} \int_3$ 

$$\Rightarrow T_1 = 65,0 \text{ MPa} ; T_3 = -18,6 \text{ MPa}$$



Mohr's criterion – Point A

$$\overline{V_{4}} = 18,6 ; \quad \overline{V_{2}} = 0 ; \quad \overline{V_{3}} = -65,0 \text{ MPa} \qquad \overline{V_{4}} = 133 \text{ MPa} ; \quad \overline{C_{4}} = 195 \text{ MPa}$$

$$\frac{\overline{V_{1}}}{\overline{V_{4}}} - \frac{\overline{V_{3}}}{\overline{C_{4}}} = \frac{18,6}{133} - \frac{-65,0}{195} = \frac{18,6}{133} + \frac{65,0}{195} = 0,47 < 1 \text{ Thus, there is no fail}$$

*Remark:* At *B* the risk of the material is bigger (0.58 > 0.47) because the sample is in tension due to bending and the limiting stress in tension is smaller than in compression.



# Bibliography

Skeletal Tissue Mechanics, R. Bruce Martin, David B. Burr, Neil A. Sharkey, Springer Verlag, 1998.

Orthopaedic Biomechanics, Mechanics and Design in Musculeskeletal Systems, D. Bartel, D. Davy, T. Keaveny, Pearson Prentice Hall, 2006.

➢ Bone Mechanics Handbook, 2<sup>nd</sup> Edition, S.C. Cowin, CRC Press, 2001

➢ Mechanics of Materials, 5<sup>th</sup> Edition, F. Beer, Jr., E. R. Johnston, J. DeWolf, D. Mazurek, McGraw Hill, 2009

